


# September 2024

This calendar is subject to change  
Activities' Department: 250 760 2634

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>10:00am Music with Kyle 2nd. Floor</b> 10:30am Reminisce 1st. Floor 1:30pm Sunday Service (United)	<b>2</b> 10:30am Balloon Bounce 1st & 2nd Floor <b>1:30pm Music with Kyle 1st. Floor Floor</b> 1:30pm Reminisce 2nd. Floor Labour Day 	<b>3</b> <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. B1&amp;B2(2nd.FI)</b> <b>1:30pm Scenic Drive With Pat</b>	<b>4</b> <b>10:00am Music with Kyle 1st Floor</b> 10:30am Ball Toss 2nd Floor 1:30pm Bowling-Multipurpose Room	<b>5</b> 9:00am Horticultural Therapy <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. C1&amp;C2(1st. FL)</b> <b>1:30pm Music with Kyle 2nd. Floor</b> 1:30pm Reminisce 1st. Floor	<b>6</b> 10:00am Sensory Program with Paul - V 10:30am Walk About 1st & 2nd Floor <b>1:30pm Happy Hour With 1044</b>	<b>7</b> <b>10:00am Bistro Time</b> 10:30am Sensory Program (Balsam) <b>1:30pm Golden Gatherings-Laughter Yoga</b>
<b>8</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 2nd. Floor</b> 10:30am Reminisce 1st. Floor 1:30pm Sunday Service (Baptist)	<b>9</b> 10:00am Sensory Program with Paul - V <b>10:30am Sit &amp; Get Fit With L. D1&amp;D2(1st. FI)</b> <b>1:30pm Music with Kyle 1st. Floor Floor</b> 1:30pm Reminisce 2nd. Floor	<b>10</b> <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. B1&amp;B2(2nd.FI)</b> <b>10:30am Men's Group</b> <b>1:30pm Resident Council</b> <b>6:00pm Music in the Garden</b>	<b>11</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 1st Floor</b> 10:30am Ball Toss 2nd Floor <b>1:30pm Golden Gatherings-Trivia Time</b>	<b>12</b> <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. C1&amp;C2(1st. FL)</b> 1:30pm Hymn Sing With Bernice & Friends <b>1:30pm Music with Kyle 2nd. Floor</b>	<b>13</b> 10:30am Walk About 1st. & 2nd Floor <b>1:30pm Happy Hour With Glen F.</b>	<b>14</b> <b>10:00am Bistro Time</b> 10:30am Sensory Program (Cypress) 1:30pm Sports Bar
<b>15</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 2nd. Floor</b> 10:30am Reminisce 1st. Floor 1:30pm Sunday Service (Lutheran)	<b>16</b> 10:00am Sensory Program with Paul - V <b>10:30am Sit &amp; Get Fit With L. D1&amp;D2(1st. FI)</b> <b>1:30pm Music with Kyle 1st. Floor Floor</b> 1:30pm Sing Along With Sandi & Friends	<b>17</b> <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. B1&amp;B2(2nd.FI)</b> <b>1:30pm Scenic Drive With Pat</b>	<b>18</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 1st Floor</b> 10:30am Ball Toss 2nd Floor <b>1:30pm Golden Gatherings-Sing Along Karaoke - V</b>	<b>19</b> <b>10:00am Bistro Time</b> <b>10:30am Dance for the Minds</b> <b>1:30pm Music with Kyle 2nd. Floor</b> 1:30pm Reminisce 1st. Floor	<b>20</b> <b>10:30am Sit &amp; Get Fit With L. C1&amp;C2(1st. FL)</b> <b>1:30pm Happy Hour With Rick</b>	<b>21</b> <b>10:00am Bistro Time</b> 10:30am Sensory Program (Douglas) 1:45pm Ice Cream Parlour 1st&2nd Floor
<b>22</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 2nd. Floor</b> 10:30am Reminisce 1st. Floor 1:30pm Sunday Service(Salvation Army)	<b>23</b> 10:00am Sensory Program with Paul - V <b>10:30am Sit &amp; Get Fit With L. D1&amp;D2(1st. FI)</b> <b>1:30pm Music with Kyle 1st. Floor Floor</b> <b>1:30pm Britta's Cosmos Show</b>	<b>24</b> <b>10:00am Bistro Time</b> <b>10:30am Sit &amp; Get Fit With L. B1&amp;B2(2nd.FI)</b> <b>1:30pm Scenic Drive With Pat</b> <b>6:00pm Music in the Garden</b>	<b>25</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 1st Floor</b> 10:30am Ball Toss 2nd Floor <b>1:30pm Elders &amp; Staff Fashion Show</b>	<b>26</b> <b>10:00am Bistro Time</b> <b>10:30am Golden Gatherings-Dance for the Minds</b> <b>1:30pm Music with Kyle 2nd. Floor</b> 1:30pm Reminisce 1st. Floor	<b>27</b> <b>10:30am Sit &amp; Get Fit With L. C1&amp;C2(1st. FL)</b> <b>1:30pm Monthly Birthday Party With Garth</b> 	<b>28</b> <b>10:00am Bistro Time</b> 10:30am Sensory Program (Balsam) <b>1:30pm Sing Along With For Fun Musicians</b>
<b>29</b> 9:00am Horticultural Therapy - V <b>10:00am Music with Kyle 2nd. Floor</b> 10:30am Reminisce 1st. Floor 1:30pm Sports Bar	<b>30</b> 10:00am Sensory Program with Paul - V <b>10:30am Sit &amp; Get Fit With L. D1&amp;D2(1st. FI)</b> <b>1:30pm Music with Kyle 1st. Floor Floor</b> <b>1:45pm Truth And Reconciliation Day Ceremony With Leonor H.</b>	<h2>Welcome September!</h2>		