

## EASTER EGGSTRAVAGANZA PARTY

On March 24th, we held an Easter Eggstravaganza Party for our Elders, children, family and friends. It was a great success with a huge turn out! We had a variety of games, treats, and face painting for all to enjoy!



A special thank you to everyone who volunteered their time to make this event a success.



Cookies donated by Volunteer Debra and cupcakes donated by Care Partner, Kesia



Julie, Care Partner, and her sister volunteered their time to offer face painting to all who attended!

## GAMES ROOM

We have a variety of new games set up on the second floor multipurpose room. Elders enjoyed air hockey, ring toss, foosball, as well as working on a puzzle with dedicated volunteer, Leanne.



Ruth Q. and John Q. completing a puzzle with Volunteer Leanne



Elders Gail S. and Rene F. having a game of air hockey!

# EDEN GARDENS SAFETY TALK



As we move into the Spring season we would like to gently remind everyone that some flowers are not appropriate for Eden Gardens. Certain flowers can be dangerous to our Elders, Care Partners, and families with skin or smell sensitivities as well as there are many flowers that are toxic to our resident animals.

Flowers that are not appropriate for Eden Gardens:  
Poinsettia, Lillies, Daphne, Delphinium, Foxglove and Queen Anne's Lace.



## *In Loving Memory*

*Dave P.*



*May there be comfort in knowing that someone so special will never be forgotten*

*- Julie Hebert*



## FREE EYE EXAMS



Specsavers Woodgrove will be hosting a free eye exam day for elders in need on May 15th, 2024.

Please look forward to receiving further information by email.

Limited space available

# Upcoming Events

*April 9, 2024: Brita's Cosmo Show 1:30 PM*

*April 25, 2024: Dance for the Mind 10:30 AM*

*April 26, 2024: Monthly Birthday Party 1:30 PM*

*Every Friday: Happy Hour with various Music Acts in  
Classroom 1 at 1:30 PM*

## Golden Gatherings Group



**We are excited to announce the launch of a new program being offered on Wednesday afternoons called “The Golden Gatherings Group.”**

**The goal of this new group is to provide opportunities for elders to socialize and help reduce the three plagues of Loneliness, Helplessness and Boredom.**

**Elders will be actively engaged in the planning, implementation, and delivery of the Golden Gatherings Group.**

**The program offers different engaging activities such as painting, yoga, choir sing alongs, and much more.**

**Different Elders will attend each week to give the opportunity for all to enjoy!**



# **A Warm Welcome to Our New Elders**

*Welcome*

*David J.  
Eleanor L.  
Betty C.*



## **Glass Flower Painter Volunteers needed!**

**Eden Gardens Glass Flowers proceeds directly support our Music, Art, and Horticultural programs that enrich the lives of our Elders.**

**These flowers are painted and arranged by Betty and her volunteers, who meet a few times per week**

**We have three events in the near future where our Glass Flowers will be sold. In order to fulfill the demand, Betty and her team are looking for volunteers to help paint flowers for these events as well as flowers to sell at Eden Gardens.**

**Workshops will take place every Monday and Wednesday mornings/afternoons**

**Please contact Amanda at 250-758-4676 ext 0 for further information**



***This newsletter is published monthly by Eden Gardens  
[www.edengardens.ca](http://www.edengardens.ca)***

*If you'd like to know more about information in our newsletter, please reach out to Amanda at Reception*

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