




Eden Gardens

January 2022 Activity Calendar

	Sunday	Monday Horticultural 1st Floor	Tuesday Music 1st Floor	Wednesday Horticultural 2nd Floor	Thursday Music 2nd Floor Art 2nd Floor	Friday Art 1st Floor	Saturday
10:30 AM				Activities Dept. 250 760-2634			1 Snoezelen Visit Balsam 1 & 2
1:30 PM							Community Prog Cypress1 & 2
10:30 AM	Manicures Cypress 1 & 2	Yoga With Janet Douglas 2	Fitness Hour Balsam 1 & 2	Snoezelen (Kath) Cypress 1&2	Time With V&M Douglas 1 & 2	Indoor Walks Balsam 1 & 2	8 Snoezelen Visit Cypress 1 & 2
1:30 PM	United Service Douglas 2	Afternoon Tea Balsam 1 & 2	Community Prog Cypress 1 & 2	Baking Douglas 1 & 2	Crafting With C.C Balsam 2	Happy Hour Cypress 1	Community Prog Douglas 1&2
10:30 AM	Manicures Douglas 1 & 2	Yoga With Janet Balsam 1	Fitness Hour Cypress 1 & 2	Snoezelen(Kath) Douglas 1 & 2	Time With V&M Balsam 1 & 2	Indoor Walks Cypress 1 & 2	15 Snoezelen Visit Douglas 1&2
1:30 PM	Baptist Service Balsam 1	Afternoon Tea Cypress 1 & 2	Community Prog Douglas 1 & 2	Baking Balsam 1&2	Crafting With C.C Cypress 1	Happy Hour Douglas 2	Community Prog Balsam 1&2
10:30 AM	Manicures Balsam 1& 2	Yoga With Janet Cypress 2	Fitness Hour Douglas 1 & 2	Snoezelen(Kath) Balsam 1 & 2	Time With T&M Cypress 1 & 2	Indoor Walks Douglas 1 & 2	22 Snoezelen Visit Balsam 1&2
1:30 PM	Lutheran Service Cypress 2	Afternoon Tea Douglas 1 & 2	Community Prog Balsam 1 & 2	Baking Cypress 1&2	Crafting With C.C Douglas 2	Happy Hour Balsam 1	Community Prog Cypress 1 & 2
10:30 AM	Manicures Cypress 1 & 2	Yoga With Janet Douglas 1	Fitness Hour Balsam 1 & 2	Snoezelen(Kath) Cypress 1&2	Time With T&M Douglas 1 & 2	Indoor Walks Balsam 1 & 2	29 Snoezelen Visit Cypress 1&2
1:30 PM	_____30 Community Prog	_____31 Community Prog	Community Prog Cypress 1 & 2	Community Prog Douglas 1 & 2	Crafting With C.C Balsam 1	Happy Hour Cypress 2	Community Prog Douglas 1&2

Calendar subject to change.

See community calendars for Therapies schedule